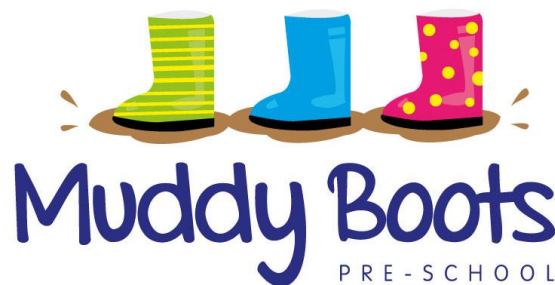


# Muddy Boots Pre-School CIO

## Health – Nappy changing



Review Date:

SEE COMMITTEE POLICY REVIEW SCHEDULE

## **Promoting health and hygiene**

### **Nappy changing**

#### **Policy statement**

No child is excluded from participating in our pre-school who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to the children's toilet area provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgmental concern of adults.

#### **Procedures**

- Staff have a list of personalised changing times for the young children in their care who are in nappies or 'pull-ups'.
- Young children from two years and 6 months old may wear 'pull ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own bag to hand from the entrance lobby area with their nappies or 'pull ups' and changing wipes.
- Gloves and aprons are put on before changing starts and the areas are prepared. Changing mat is freshly cleaned before and after each change, using Dettol or other antibacterial wipes.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet next door.
- They should be encouraged to wash their hands and have soap and paper towels to hand.
- Anti-bacterial hand wash liquid or soap should not be used for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Staff are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Staff do not make inappropriate comments about young children's genitals when changing their nappies.
- Older children access the toilet when they have the need to and are encouraged to be independent.

- Nappies and 'pull ups' are disposed of hygienically. Any soil (faeces) in nappies or 'pull ups' is flushed down the toilet and the nappy or 'pull up' is bagged and placed in a professional nappy unit, which is emptied by an outside company weekly. Cloth nappies, trainer pants and ordinary underwear that have been wet or soiled are rinsed and bagged twice for the parent to take home.
- NB: We have a duty of care towards children's personal needs. If young children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.