

Muddy Boots Pre-School

COVID-19

**Living safely with respiratory
infections, including COVID-19**



COVID-19

Living safely with respiratory infections, including COVID-19

Policy statement

Muddy Boots is dedicated to ensuring the health and safety of all children and adults within the setting.

This policy provides our requirements in line with latest information and guidance from government, and therefore the contents will be subject to change.

Living with COVID-19

Staff will adhere to guidelines to prevent the spread of COVID-19 to others. These actions will also help to prevent the spread of other respiratory infections, such as flu.

There are simple things that can be done in daily life that will help to reduce the spread of these infections and protect those at highest risk. These are:

1. Get vaccinated
2. Allow fresh air inside if meeting others indoors
3. Practise good hygiene:
 - wash your hands
 - cover your coughs and sneezes
 - clean your surroundings frequently
4. Wear a face covering or a face mask

If symptoms of infection are present, you are advised to try and stay at home and avoid contact with other people.

Muddy Boots Areas

Under current government guidelines for Early Years settings, we acknowledge that social distancing is not achievable. However, personal hygiene remains important. With this in mind, all employees must stay alert to standard personal hygiene measures to ensure safe working for all, in all areas of the pre-school.

Further Guidance

- **GOV.UK** <https://www.gov.uk/guidance/living-safely-with-respiratory-infections-including-covid-19>